

# Bariatrics



Lovelace  
Medical Group

Today's Date \_\_\_\_\_

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Gender: ☐ Male ☐ Female ☐ Non-Binary

## **MEDICAL HISTORY:** (Check any condition that applies to you)

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Acid Reflux/Heartburn           | <input type="checkbox"/> Home Oxygen use             | <input type="checkbox"/> Psychological Disorder (PTSD, Anxiety, Depression, etc) |
| <input type="checkbox"/> Allergy to Medicine/Anesthesia  | <input type="checkbox"/> COPD                        | <input type="checkbox"/> Shortness of Breath/on Exertion                         |
| <input type="checkbox"/> Anemia/Iron Deficiency          | <input type="checkbox"/> Diabetes                    | <input type="checkbox"/> Sleep Apnea   |
| <input type="checkbox"/> Arthritis/Back Pain             | <input type="checkbox"/> Difficulty Swallowing       | <input type="checkbox"/> Stroke  |
| <input type="checkbox"/> Asthma                          | <input type="checkbox"/> Gallbladder Disorder        | <input type="checkbox"/> Swelling in Legs  |
| <input type="checkbox"/> Cancer                          | <input type="checkbox"/> GI Ulcer                    | <input type="checkbox"/> Thyroid Disorder  |
| <input type="checkbox"/> Chest Pain                      | <input type="checkbox"/> High Cholesterol            | <input type="checkbox"/> Vitamin D Deficiency                                    |
| <input type="checkbox"/> Bleeding Disorder               | <input type="checkbox"/> Irritable Bowel Syndrome    | <input type="checkbox"/> Other: _____  |
| <input type="checkbox"/> Blood clots                     | <input type="checkbox"/> Malignant Hyperthermia      | _____  |
| <input type="checkbox"/> Cirrhosis                       | <input type="checkbox"/> Osteoarthritis              | _____  |
| <input type="checkbox"/> High Blood Pressure             | <input type="checkbox"/> Polycystic Ovarian Syndrome | _____  |
| <input type="checkbox"/> Heart Attack/Failure or Disease | <input type="checkbox"/> Pseudotumor Cerebri         | _____  |

## **SURGICAL HISTORY:** (Check any that applies to you)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Appendectomy                   | <input type="checkbox"/> Colon or Intestine Surgery | <input type="checkbox"/> Plastic Surgery |
| <input type="checkbox"/> Bariatric Surgery              | <input type="checkbox"/> C-section                  | <input type="checkbox"/> Spine Surgery   |
| o Duodenal Switch                                       | <input type="checkbox"/> Gallbladder Removal        | <input type="checkbox"/> Other: _____    |
| o Gastric Bypass  | <input type="checkbox"/> Heart Surgery              | _____                                    |
| o Lap Band  | <input type="checkbox"/> Hernia Repair              | _____                                    |
| o Sleeve Gastrectomy                                    | <input type="checkbox"/> Hysterectomy               | _____                                    |
| <input type="checkbox"/> Cardio Defibrillator/Pacemaker | <input type="checkbox"/> Joint Replacement          |  |

**Mobility status:** ☐ Poor ☐ Fair ☐ Good **Are you disabled?** ☐ Yes ☐ No

**Reason Disabled:** ☐ Motor Vehicle Accident ☐ Illness ☐ Work-related injury ☐ Other \_\_\_\_\_

**Assistive Device(s):** ☐ Cane ☐ Crutches ☐ Walker ☐ Sling ☐ Wheelchair ☐ Power Scooter | Years in assistive device(s) \_\_\_\_\_

**Colon Cancer screening:** ☐ Yes ☐ No Date of last screening: \_\_\_\_\_

**Mammogram:** ☐ Yes ☐ No Date of last mammogram: \_\_\_\_\_

## **SOCIAL HISTORY:**

### **Alcohol/Drug Use:**

Do you use alcohol? ☐ Yes ☐ No | How many drinks per week? Glasses of Wine \_\_\_\_ Cans of Beer \_\_\_\_ Shots of Liquor \_\_\_\_

Comments on alcohol use: \_\_\_\_\_

Have you used drugs for non-medicinal purposes? ☐ Yes ☐ No If yes, how many times per week?

Marijuana \_\_\_\_ Cocaine \_\_\_\_ Inhalants \_\_\_\_ Methamphetamine \_\_\_\_ IV \_\_\_\_ Other \_\_\_\_\_

Date last used \_\_\_\_\_ Comments on drug use: \_\_\_\_\_

### **Nicotine Use:**

Former smoker? ☐ Yes ☐ No If so, what date did you quit? \_\_\_\_\_

Current smoker? ☐ Yes ☐ No How much/how long? \_\_\_\_\_

Chewing Tobacco/Snuff? ☐ Yes ☐ No Vape? ☐ Yes ☐ No

Are you currently pregnant? ☐ Yes ☐ No Are you on birth control? ☐ Yes ☐ No

Do you plan to become pregnant in the next two years? ☐ Yes ☐ No

Currently Employed? ☐ Yes ☐ No Company Name \_\_\_\_\_



## BARIATRIC SLEEP ASSESSMENT

Please estimate your risk of falling asleep in the following situations, using this scale:

0 = No chance

1 = Slight chance

2 = Moderate chance

3 = High chance

Situation	Chance of Dozing
Sitting and reading	
Watching TV	
Sitting or inactive in a public place (theater or meeting)	
Lying down to rest in the afternoon	
Sitting and talking to someone	
Sitting quietly after lunch without alcohol	
Sitting in a car while stopped in traffic	
Sitting in a car for an hour without a break	
<b>TOTAL</b>	

Have you made previous weight loss attempts, including prescribed medication? ☐ Yes ☐ No

What medicines have you tried: \_\_\_\_\_

What type of weight loss surgery are you interested in?

☐ Unsure

☐ Revision Surgery

☐ Duodenal Switch

• What type of Bariatric surgery did you have previously? \_\_\_\_\_

☐ Gastric Bypass (RNY, Roux-N-Y)

• When was your previous surgery? \_\_\_\_\_

☐ Sleeve Gastrectomy (Sleeve)

• Where was your previous surgery performed? \_\_\_\_\_

☐ Medical Weight Loss

• Reason for seeking a revision: \_\_\_\_\_

RISK ASSESSMENT FOR BARIATRIC SURGERY		
Gender	M (1)	F (0)
Are you 60 years or older?	Yes (1)	No (0)
Is your BMI at least 50?	Yes (1)	No (0)
Have you ever had DVT or Pulmonary Embolism	Yes (3)	No (0)
Do you have a diagnosed clotting disorder? (Factor V Leiden, Factor II Mutation, etc)	Yes (3)	No (0)
Do you have severe venous insufficiency? (Blood flow problems in your legs, where skin is purple-brown or has ulcers?)	Yes (2)	No (0)
Have you been diagnosed with Congestive Heart Failure?	Yes (3)	No (0)
Do you have difficulty breathing, even while resting?	Yes (2)	No (0)
Are you paralyzed?	Yes (2)	No (0)
<b>TOTAL</b>		

**Score of 3 – 4:** 2-week course of Lovenox 40mg BID

**Score of 5 or higher:** 4-week course of Lovenox 40mg BID